

# THE COURSE MAP

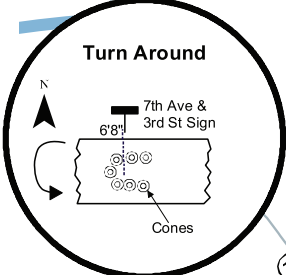
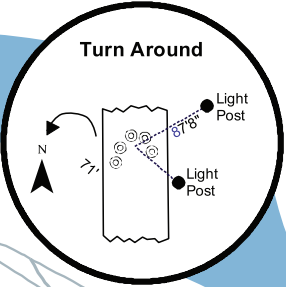
**Mandan**

**Bismarck**

**DID YOU KNOW?**

The Bismarck Marathon is the longest running Marathon in North Dakota.

Runners are treated to a fast, flat course that promises personal records and breathtaking views. The course is USATF certified, meaning marathoners hoping to qualify for the Boston Marathon may do so here!



- FULL MARATHON ROUTE  
FULL MARATHON MILES
- HALF MARATHON ROUTE  
HALF MARATHON MILES
- 10K ROUTE  
10K MILES
- 5K ROUTE

- RELAY EXCHANGE
- WATER STOP
- "SPIFFY BIFF" RESTROOMS

